Therapeutic Modalities
Synopsis

The 4th Edition of the field’s premier text on therapeutic modalities reflects evidence-based practice research and technologies that are impacting professional practice today. Step by step, you’ll build a solid foundation in the theory and science that underlie today’s best practices and then learn how to treat a wide range of orthopedic injuries. See what reviewers and instructors have said about previous editions:

"This book is an excellent resource for students or for experienced athletic trainers, physical therapists, or medical personnel. The numerous tables and illustrations and appendixes further enhance this friendlier edition. The 'at a glance' pages give the reader a quick overview of the text for each modality. Rather than using a cookbook method, the author encourages clinicians to use their own decision-making process to apply modalities appropriately, depending on the tissue depth and type, the injury, and the goal of therapy. An easy-to-follow reference as well as a suitable textbook for students."—Rose L. Smith, PT, DPT, SCS, ATC, University of Cincinnati, Cincinnati, OH for Physical Therapy, Volume 85, No. 9, September 2005

"Therapeutic Modalities is a well-written...text that balances fundamental theory with clinical application...Covering all the essential modalities, this book can serve as an introductory text for athletic training students or as a useful clinical reference...A useful addition to the athletic trainer’s resource library."—Athletic Therapy Today

"I highly recommend this text to students of physical therapy and athletic training."—Journal of Orthopaedic and Sports Physical Therapy

"Provides a comprehensive survey of the use of therapeutic modalities in the treatment of orthopaedic injuries."—Journal of Athletic Training

Book Information

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Customer Reviews

This is a decent book for modalities. It has some organization issues, and I found myself having to look back and forth through certain sections to find information that could have been included in the same area. Knight’s book on modalities is much better, in my opinion.

I bought this book as a complement to my main therapeutic book, but ended up using this book as my main one. Starkey goes into amazing detail and goes over each physiological effect of each modality. This is important so we know what each therapy does at a tissue and cellular level, Will be using this book for a long time,

Liked that the digital version lets me highlight and save notes and search terms in the book - matches up with my classmates book as well

My girlfriend uses this textbook for her classes and it has helped her out greatly. She is an Athletic Training major and loves the book.

this book is great!!! easy to read and understand. takes you through a step by step aproach. one of my favorite textbooks.

Long dry, only has 20 questions every 4 chapters this book is not recommended

The textbook met my academic demands.

While in PT school, we used this book to compliment our modalities class. Although, the basic information on modalities is correct, the book has many inaccuracies once you get into the more complicated modality info. Our school, in fact, has stopped using this book.

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